



# Corradino & Papa

*A Personal Injury Law Firm*

**973-574-1200**

**CHAMPIONS OF JUSTICE**



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## ASPHALT VS. FLESH:

# asphalt wins



Motorcycling may be exhilarating, but cyclists are extremely vulnerable. In crashes, injury rates for cyclists range from four to seven times higher than those for car and light truck occupants. Makes sense. Motorcyclists have no protective frame surrounding them, no airbags, and the only barrier between them and the asphalt is what they're wearing.

Not surprisingly, road rash is one of the most common motorcycling injuries. Road rash, in many cases, is not just a mere abrasion or scrape. There are three classifications:

- First-degree road rash is marked by notably red skin, possibly slight bleeding, and tenderness. It is typically limited to the top layer of skin and treatable at home. Count yourself lucky to fall under this classification.
- Second-degree road rash can affect down to the second or third layer of skin (the skin has three layers). Bleeding and swelling may be accompanied by nerve irritation. These rashes are obviously more painful and frequently lead to permanent scarring. Seek professional medical attention.
- Third-degree road rash involves skin that's peeled back or torn off, exposing muscles, tendons, and fat layers beneath the skin. This one's a medical emergency. Severe pain, nerve damage, and possibly disfigurement will result. Permanent scarring is practically guaranteed. Skin grafts and hospitalization may be necessary to repair the skin and underlying structures.

For all categories of road rash, proper wound cleaning is critical to prevent infection.

Leather chaps or long pants made of sturdy material, boots that cover the ankles, a padded jacket, shin guards, gloves, and a helmet give you the best shot of minimizing injury in the event of a crash.

If you are injured due to the negligence of another, contact our firm for skilled and thoughtful representation. [Corradino & Papa are always here to protect your rights.](http://www.CorradiandoandPapa.com) ■



*Your Biggest Accident Could Be Your Choice of Attorney*

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Such a fun night for all supporting Jacek on the board of Garfield YMCA.

Corradino & Papa not only sponsored Bingo night, we had 2 lucky winners.

Congratulations Jeanette & Gina (Lucky Table #7)

## Bingo Night



www.corradinoandpapa.com



## Happy Mothers Day!!

To all the moms and other women in our lives that care for us and love us unconditionally, Corradino & Papa wish you all a day filled with Love, Laughter, and all the Appreciation you deserve.



# beware of energy drinks

According to the American Heart Association and Statista, over 30% of young people ages 12–29 consume energy drinks on a regular basis. Besides having caffeine levels that leave coffee and soda in the dust, many drinks are loaded with sugar, too.

The Food and Drug Administration advises healthy adults to limit their caffeine intake to 400 mg per day (4–5 cups of coffee); teens should not exceed 100 mg per day, which one 12-oz. can of energy drink approaches. In addition, many contain hidden stimulants such as guarana and also exotic ingredients like panax ginseng and taurine, which sometimes spur unexpected physiological reactions.

Health consequences of caffeine overload include electrical disturbances of the heart, spikes in blood pressure, anxiety, sleep issues, nausea, and caffeine intoxication and withdrawal. Instances of strokes, seizures, kidney failure, and heart attacks have also been reported.

Since September 2022, Panera Bread has faced two wrongful-death lawsuits over their Charged Lemonade drink and its alleged role in the deaths of two patrons: a 21-year-old woman and 46-year-old man. Charged Lemonade in its larger size contains a staggering 390 mg of caffeine. In general, the lawsuits claim a lack of product transparency and a failure to issue appropriate warnings on the product's potent caffeine content. In one case, the product was placed on the shelf alongside regular, noncaffeinated beverages.

Energy drink manufacturers must list caffeine as a product ingredient but are not required to disclose caffeine amounts. Bottom line, children, pregnant and breastfeeding women, and those with underlying health conditions should avoid energy drinks.

If you or a loved one has been harmed by someone's negligence, we can help you attain rightful compensation for your injuries. Contact [Corradino & Papa](https://www.corradinoandpapa.com) to protect your rights. ■



Click on our number and give us a call [973-574-1200](tel:973-574-1200)... And visit our website [click here](https://www.corradinoandpapa.com)



# OUR BIRTHDAYS FOR **May**



## pool chemistry is important

There are over 10 million swimming pools in the U.S. for recreation and refreshment. But anytime water is involved, potential hazards lurk. Drownings, diving accidents, and slip-and-fall injuries understandably attract major attention, but don't overlook pool chemical injuries.

When pool chemicals are handled and utilized properly, and pool filters and chlorinators are well-maintained, problems are rare. Chemicals such as chlorine and muriatic acid kill bacteria that can sicken swimmers, keep the water pH level in a healthy range, and improve water quality by preventing algae growth and the corrosion or clogging of pool equipment.

However, pool chemicals are sometimes misused in a variety of ways. Owners/managers/maintenance personnel might dump too much of a chemical into the pool system. Or they may use multiple chemicals that, together, create an adverse reaction. Sometimes a chemical that should have been added to the water during off hours is introduced while swimmers are present. Too little of a chemical may enable harmful bacteria or parasites to run amok.

Injuries caused by pool chemicals range from minor to life-altering and include:

- Skin irritation
- Eye injuries and vision loss
- Chemical burns and rashes
- Respiratory ailments and lung damage
- Stomach, throat, and/or esophageal damage
- Coughing, vomiting, fever, and diarrhea
- Neurological dysfunction

Pool owners owe a duty of care to customers/guests. If they breach that duty of care and the breach causes harm to someone, they may be held liable for compensatory damages. Other possible culpable parties include pool product manufacturers or pool maintenance companies.

Swimming should be fun, not hazardous. If you are injured as a result of negligence, contact **Corradino & Papa** protect your rights. ■

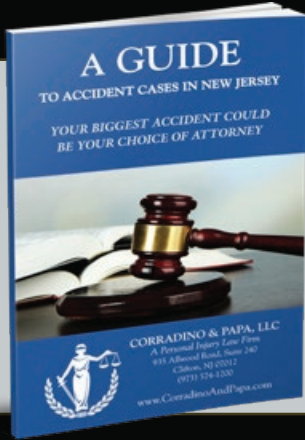


### May 2024 – Mark Your Calendars

- May 4 – Kentucky Derby
- May 5 – Cinco de Mayo
- May 11 – National Train Day
- May 12 – Mother's Day
- May 22 – Buy a Musical Instrument Day
- May 27 – Memorial Day
- May 28 – Hamburger Day



**Click on our number and give us a call 973-574-1200... And visit our website [click here](#)**



## FREE BOOK

Get Jack Corradino and Robert Papa's *New Ultimate Guide to Accident Cases in NJ*, written by Jack and RC. It will explain "Why your biggest accident could be your choice of attorney", and what to do in the event you are injured.



- Personal Injury
- Car Accident
- Truck Accidents
- Auto Accident
- Slip and Falls
- Dog Bite
- Premises Liability
- Work Accidents
- Workers' Compensation
- Medical Malpractice
- Construction Accidents
- Motor Vehicle Accidents
- Product Liability
- Wrongful Death
- PIP Arbitration

**Quote of the Month:** "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." —Mark Twain

This publication is intended to educate the general public about personal injury, medical malpractice, and other issues. It is for information purposes only and is not intended to be legal advice. Prior to acting on any information contained here, you should seek and retain competent counsel. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

# seafood pasta

Servings: 4; prep time: 15 min.; additional time: 45 min.; total time: 1 hr.

*Seafood pasta with easy-to-make tomato pasta sauce. This is a quick and delicious dinner that you can make in one pot in less than 30 minutes.*

### Ingredients

- 10 oz. spaghetti
- 2 tablespoons olive oil
- 3 cloves garlic (minced)
- 4 oz. shelled and deveined shrimp
- 8 oz. Manila clams
- 4 oz. scallops
- 1 can (28 oz.) whole peeled tomatoes for sauce
- 1 tablespoon chopped Italian basil leaves
- salt to taste
- 1 teaspoon sugar/brown sugar
- chopped Italian parsley (for garnishing)

### Directions

1. Cook the spaghetti according to the package instructions. Drain and set aside. Blend the entire can of the whole peeled tomatoes in a blender or food processor. Set aside the sauce.
2. Heat up a skillet on medium heat. Add the olive oil, then add the garlic. Sauté the garlic before adding the shrimp, Manila clams, and scallops. Stir to combine well with the garlic, then add the tomato sauce and basil leaves.
3. Cook the seafood until they are almost done, add salt (to taste) and sugar. Transfer the spaghetti into the skillet; stir to mix well with the sauce. Top with the chopped parsley; serve immediately.

Recipe courtesy of [rasamalaysia.com](http://rasamalaysia.com). ■

