



Corradino & Papa, LLC

A Personal Injury Law Firm

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Your Biggest Accident Could Be Your Choice of Attorney

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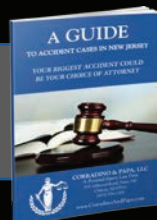
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children and MOTOR VEHICLE ACCIDENTS

According to the Centers for Disease Control and Prevention (CDC), nearly 150 children between ages 0 and 19 are treated *every hour* in emergency depart-

ments for injuries sustained in motor vehicle crashes and *more children ages 5 to 19 die from crash-related injuries than from any other type of injury.*



One of the best ways to help keep your children safe in vehicles is to know and understand the appropriate age, height and weight limits for car seats, booster seats and seat belt use:

Birth up to Age 2 – For the best possible protection, infants and children should be buckled in a rear-facing car seat, in the back seat, until age 2 or when they reach the upper weight or height limit of their seat.

Age 2 up to at least Age 5 – When children outgrow their rear-facing seat they should be buckled in a forward-facing car seat, in the back seat, until at least age 5 or when they reach the upper weight or height limit of their seat.

Age 5 up until seat belts fit properly – Once children outgrow their forward-facing seat they should be buckled in a belt positioning booster seats until seat belts fit properly. Seat belts fit properly when the lap belt lays across the upper thighs (not the stomach) and the shoulder belt lays across the chest (not the neck).

Back Seat is Safest. All children aged 12 and under should be properly buckled in the back seat. Airbags can kill young children riding in the front seat. Never place a rear-facing car seat in front of an air bag. Buckle children in the middle of the back seat when possible, because it is the safest spot in the vehicle. ■



CAN PRE-EXISTING INJURIES ruin my accident case?

This is one of the questions we hear frequently at our firm, and with good reason: If you have a pre-existing injury and are considering filing a personal injury claim after an accident, there are some key factors that need to be considered.

For instance, you'll need to be able to prove that the injuries you suffered in the car accident were not related to your prior injury. This can be easier to do if your pre-existing injury occurred many years ago and has not required any treatment in some time. However, if it was a more recent injury, you and your attorney will need to develop a strategy to show that there was no connection between the injuries you suffered in the car accident and the pre-existing injury.

No matter what, you need to be up-front and 100 percent honest with your attorney about any pre-existing injuries you may have. That way, he or she is prepared to deal with the issue head on, won't be caught off guard, and can build the strongest case possible.

Here's the other thing—if you don't disclose that you had a pre-existing injury or if you lie about the injury itself or its severity, the insurance company will find out. Guaranteed. Their representatives are very good at what they do, and they'd like nothing more than to catch you in a lie about a pre-existing injury. If that happens, your claim will be minimized or ruined altogether. ■

truck rollover accidents

Dangerous tractor-trailer rollover accidents—which occur when a truck flips over while moving—are frighteningly common on our nation's roadways. Because the wheels have left the ground, the vehicle is totally out of control. Other motorists on the roadway are in jeopardy, as well as objects that happen to be in the runaway truck's path. In addition, cargo may go flying, possibly striking other vehicles or posing obstacles on the road that may prompt evasive maneuvers...and more accidents. Not to mention, hazardous/toxic payloads can trigger widespread injury and property damage miles from the original accident site, and perhaps long after the incident has occurred.



The most common causes of tractor-trailer rollover accidents include:

- **Improperly loaded trailer.** If a load's weight is not evenly distributed or properly secured, it may shift while traveling and result in a rollover.
- **Speeding.** The higher the speed, the more potential for rollovers. Rounding a curve or turn too quickly, a shifting load, or hitting an object on the road is all it takes.
- **Wind.** Tractor-trailers are long and broad, making them more susceptible to the effects of wind gusts. High-wind warnings should be heeded.
- **Careless and reckless driving.** This includes a driver's lack of understanding how to drive his/her rig, impatience, or driving under the influence or while sleep-deprived.
- **Improper maintenance.** Underinflated tires or a damaged suspension can cause a truck to tip over on sharp curves, steep downhill grades, or uneven road surfaces.

If you have suffered injury due to the negligence of a truck driver or trucking company, contact an accident attorney to protect your rights. ■

NOT ALL HEAD-ON CRASHES are the same



The thought of a high-speed, head-on crash rightly engenders dread. Upon impact, passengers of the vehicle(s) involved are flung forward at the same speed their vehicle had been traveling. Adding to the danger is the fact that most head-ons aren't square. Research has shown that the less the front of the car is involved in a head-on impact, the greater the chance of fatal injuries to the occupants of the vehicle.

This is due to the fact that glancing blows will cause the car to rotate (offset crash). This rotation causes bodies inside to move sideways and to miss the airbags. Meanwhile, the corners of the car are caving in toward the front-seat passengers to do harm.

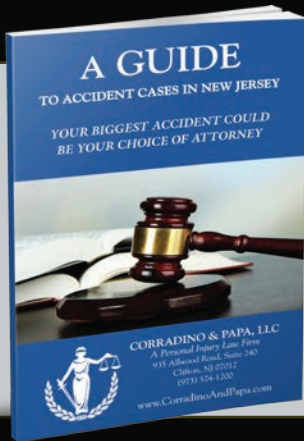
Head-on crashes that aren't square also lend themselves to potential ricochets that wind up in secondary impacts and further damage to the occupants. Add in the possibility of fire and explosion, and you have a concoction of dangers that elevates the hazards to victims of offset crashes.

Take these accident precautions to better your odds on the road:

- **Slow down.** Your reaction time and deceleration time will both be improved.
- **Turn off the cellular device.** The distraction of glancing at your phone may take away time from braking when you need it. The smallest difference can determine life or death.
- **Purchase the right car.** Some cars' safety cells perform better than others in tests. Shop wisely.
- **Get yourself to a doctor if you're in an offset crash.** Many people have walked away from offset crashes seemingly unscathed, only to die later from undetected internal injuries. ■

March 2016 – Important Dates

March 8 – International Women's Day March 13 – Daylight Saving Time Begins
March 17 – St. Patrick's Day March 20 – Palm Sunday, Spring Begins March 23 – Purim (Start)
March 24 – Holy Thursday March 25 – Good Friday March 27 – Easter



FREE BOOK

Get Jack Corradino and Robert Papa's *New Ultimate Guide to Accident Cases in NJ*, written by Jack and RC. It will explain "Why your biggest accident could be your choice of attorney", and what to do in the event you are injured.

Quote of the Month: "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." —Mark Twain

This publication is intended to educate the general public about personal injury, medical malpractice, and other issues. It is for information purposes only and is not intended to be legal advice. Prior to acting on any information contained here, you should seek and retain competent counsel. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

creamy cajun chicken pasta

Prep: 10 minutes Cook: 15 minutes Serves: 2

Ingredients:

- 2 boneless skinless chicken breast halves, cut into thin strips
- 4 ounces linguine, cooked al dente
- 2 teaspoons Cajun seasoning (your recipe, Cajun Seasoning Mix or store-bought)
- 2 tablespoons butter
- 1 thinly sliced green onion
- 1-2 cups heavy whipping cream
- 2 tablespoons chopped sun-dried tomatoes
- 1/4 teaspoon salt
- 1/4 teaspoon dried basil
- 1/8 teaspoon ground black pepper
- 1/8 teaspoon garlic powder

Garnish:

- 1/4 cup grated parmesan cheese



Directions:

Place chicken and Cajun seasoning in a bowl and toss to coat. In a large skillet over medium heat, sauté chicken in butter or margarine until chicken is tender, about 5 to 7 minutes. Reduce heat; add green onion, heavy cream, tomatoes, basil, salt, garlic powder, black pepper and heat through. Pour over hot linguine and toss with Parmesan cheese. ■

Source: Food.com, by Lorac