

# CP NEWSLETTER



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CORRADINO & PAPA, LLC

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## Lawsuit Leads to Newark Putting Up Guardrails



From left to right: Henry P. Apryasz; Scott Diener; center, Jack Vincent Corradino; Michael R. Sucic; Robert C. Papa Jr.

### \$3.1 Million Recovery

Our firm had the honor of representing the family of a mother and wife who drowned after her car left the roadway and plunged into the Passaic River in Newark. This was not the first incident at that scene. Five months earlier, on October 24, 2004, three young women died after their vehicle also left the roadway and went into the river. There were no guardrails present. Following the case, the city of Newark has finally taken steps to secure this dangerous stretch of roadway along Raymond Boulevard. The area has been fitted with guardrails to prevent further tragedy.

## RSD...What is it?

Our firm represented a young mother who was diagnosed with RSD following a ceiling collapse. According to the National Institute of Neurological Disorders and Stroke (NINDS), RSD is "a chronic pain condition that is believed to be the result of dysfunction in the central or peripheral nervous systems." It involves "irritation and abnormal excitation of nervous tissue, leading to abnormal impulses along nerves that affect blood vessels and skin." RSD usually affects one of the extremities (arms, legs, hands, or feet). The primary symptom of RSD is intense, continuous pain.

The young mother's initial injuries were to her neck and wrist but progressed over time and she was finally diagnosed as having RSD. This is an extremely difficult injury to diagnose and treat. Based on the difficulty of providing testing to definitively prove RSD, the defendants dismissed the injury and argued our client suffered only soft tissue injuries with no permanency. After years of litigation the case was assigned to trial and our firm was successful in obtaining a \$550,000 settlement for our client.

# The Importance of Your Child's Safety Seat

The number one cause of death in children over the age of six months in the United States is motor vehicle crashes. If a motor vehicle crash occurs, a child's safety seat is one of the simplest and most highly effective means available to protect them. Unfortunately, 3 out of 4 children have been shown to be improperly secured or, in some cases, not restrained at all. The protection you depend on for your child only comes from the correct use of their safety seat. Following is some information to help you learn more about the correct use of child car seats.

Today, there is a variety of child car seats on the market. Each must meet federal standards and, used correctly, should provide proper protection for your child. Select a seat that suits your child and your vehicle and read the instructions with care. Be sure to use the seat correctly every time you take your child for a drive.

You'll find there are a number of methods used to secure the various seats to the vehicle. The seat belt system, lap belts or lap and shoulder belts of your vehicle are designed to meet this purpose.

LATCH is an acronym for Lower Anchors and Tethers for Children. It was created to make it easier to install your child's safety seat in your vehicle. Almost all car seats and

the majority of vehicles manufactured since September 1, 2002 must meet the requirement to have the LATCH system.

If you are expecting a child, plan to install your child (infant) safety seat in your vehicle at least 3 weeks before your baby's due date. This way you'll be fully prepared to safely carry your new child home. Follow these four steps and correct use of your child's car seat should be easy:

- Read the manufacturer's instructions for the seat you have selected.
- Face the safety seat in the correct direction.
- Infant seats always face backwards, i.e. your baby should ride in a semi-reclining position facing the rear of your car.
- Convertible seats face backwards in a semi-reclining position for infants under 20 pounds and under 1 year of age; they face forward in an upright position for toddlers.
- Fasten your child securely in the car seat.
- Buckle the seat's harness system securely to hold your child snugly in the seat. There should be no more than one finger-width of slack between the child's collarbone and the harness strap.
- Secure the child car seat using a seat belt.
- It is of critical importance to anchor the seat properly with a seat belt. If the seat is not securely buckled to the vehicle, it can tip over or slide sideways, or be ejected from the car in the event of a crash.
- Consult your instruction manual to learn how to route the seat belt correctly and fasten it tightly.



For information about the national Child Passenger Safety program, please visit the National Highway Traffic Safety Administration (NHTSA) Web page at **[www.nhtsa.dot.gov](http://www.nhtsa.dot.gov)**.



# You Are What You Eat

A remarkable observation of civilizations past is being investigated by today's nutritional sciences. They are finding that what was once called "The Doctrine of Signatures" shows some engaging correlations. It contended that every whole food has a pattern that resembles a body organ or physiological function and that this pattern acts as a signal or sign as to the benefit the food provides.

Here is just a short list of examples of whole food "signatures".



A sliced carrot looks like the pupil, iris and radiating lines of the human eye...and science shows that carrots enhance blood flow to and function of the eyes.

A tomato has four chambers and is red, similar to the heart. Research shows tomatoes are healthy for the heart and blood.



Grapes hang in a cluster that has the shape of the heart and each grape looks like a blood cell. Research shows that grapes are also healthy food for the heart and blood.



A walnut looks like a little brain, a left and right hemisphere, with cerebrums and cerebellums. Even

the wrinkles or folds on the nut are like the neocortex.

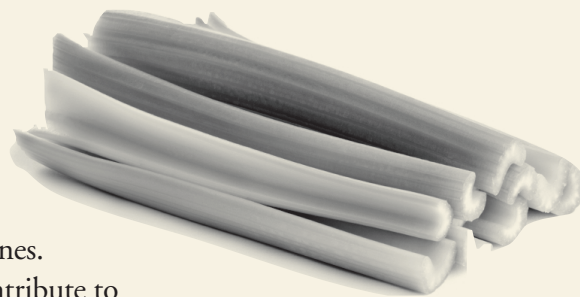
Walnuts are believed to help develop over 3 dozen neurotransmitters for brain function.



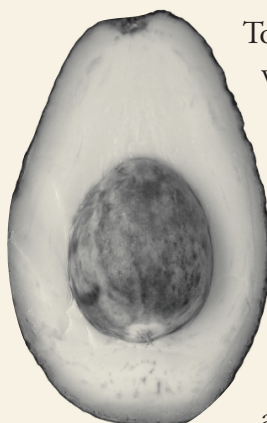
Kidney beans contribute to healthy kidney function and, yes, they look exactly like the human kidneys.

Celery, bok choy, rhubarb and some other types of produce resemble the bones.

These foods contribute to bone strength.



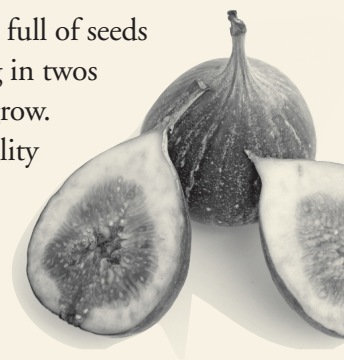
Eggplant, avocados and pears contribute to the health and function of the womb and cervix and have an appearance similar to these organs.



Today's research shows that when a woman includes avocado in her diet, it can help to balance hormones, shed unwanted birth weight and aid in the prevention of cervical cancers. Coincidentally, it takes 9 months to grow an avocado from blossom to ripened fruit.

Figs are full of seeds and hang in twos when they grow.

Figs may help increase the motility of sperm and may help increase the number of sperm.



The news isn't that fruits and vegetables are good for you; it's that they are so good for you, they might help to save your life.



*(Courtesy of and adapted from the RAZ Newsletter)*